



2009 Spring Sailing Seminars

at
Blackbeard Sailing Club
New Bern, NC

In anticipation of the 2009 San Juan 21 Eastern Nationals to be hosted by San Juan Fleet 8 and Blackbeard Sailing Club June 11-13, 2009, and in an attempt to improve the quality of, and enhance the enjoyment of sailing on the Neuse River, NYRA is offering the following seminars for both advanced and beginning sailors. These seminars focus on racing San Juan 21 sailboats, but will be beneficial to all sailors.

**March 21: Racing Rules Seminar. 9:00 a.m.-12:00 noon
\$10.00 donation requested - Lunch included**

Presented by Steve Wrigley, an international umpire, international judge and a member of the US SAILING umpire committee, and Bill Jarvis, Our first seminar for the 2009 season is the *US Sailing Racing Rules Seminar*. With new rules taking effect January 1, these seminars will help racers understand the rules - new and old, but with a focus of the changes for the 2009-2012 racing years.

**April 25: Sail Trim and Boat preparation. 9:00 a.m. – 12:00 noon
Free**

Presented by Mark Weinheimer of Doyle Sails/InnerBanks Sails and Canvas, this seminar is a perfect lead in to the 2009 San Juan Eastern National hosted by San Juan Fleet 8 and Blackbeard Sailing Club on June 11-13. With two North American titles, two Eastern National titles, and numerous state and local wins in this popular class credited to his sails, and Americas Cup experience, Mark knows sails, and sail trim. Learn how to adjust sails for maximum performance, and work to prepare your own boat for efficient and effective handling.

**May 16: Crew Work and Tactics – Starts, Upwind, Downwind, Finish.
9:00 a.m. – 12:00 noon. Free**

Presented by Dan Bornarth, a member of Blackbeard Sailing Club. Dan was a US Olympic Sailing alternate and has served as professional crew for numerous elite level campaigns - he has an impressive sailing pedigree. An excellent teacher Dan will cover crew work, strategy, tactics and rules all the way around the course in this classroom session.

**May 30: San Juan On the Water Practice Day.
9:00 a.m. – 12:00 noon; 1:00 p.m. – 4:00 p.m.. Free**

Presented by Dan Bornarth, this session will focus on using the skills learned in the classroom on the water, with practice races in the afternoon. Sailing will be on Broad Creek in front of Blackbeard Sailing Club.